

**REPORT OF CME ON 'CONTRACEPTION UPDATE AND PPIUCD INSERTION TECHNIQUE' ON  
17<sup>TH</sup> OCTOBER, 2015 AT HAMDARD CONVENTION CENTRE, JAMIA HAMDARD**

The department of Obstetrics and Gynaecology, HIMSR has organized CME cum Workshop on 'Contraception Update and PPIUCD insertion technique' at Hamdard Convention Centre, Jamia Hamdard on 17<sup>th</sup> October, 2015 from 9-5 PM. The CME was accredited by the Delhi Medical Council for 4 hours and 40 minutes (copy of accreditation letter attached).



The CME was attended by approximately 160 delegates including the invited faculty and organizing committee (20 in number). Delegates from the various Medical Colleges of Delhi, Noida and Ghaziabad attended it.



The inauguration in the form of lamp lighting was done by Prof. Shridhar Dwivedi, Dean HIMSR, Prof. Abha Singh, HOD Obst. & Gynae, LHMC, Prof. Swaraj Batra, HOD Obst. & Gynae, HIMSR, Prof. D K Srivastava, HOD Biochemistry and Medical Superintendent, HIMSR & HAHC hospital, Dr Aruna Nigam, Associate Professor Obst. & Gynae, HIMSR & Prof. Raksha Arora, HOD Obst.& Gynae, Santosh Medical College. Dr Shridhar Dwivedi released the CD which was a compilation of all the lectures of the CME. Dr Shridhar Dwivedi congratulated and encouraged the organizing committee of the CME.



The various sessions were conducted by eminent faculty- speakers and the chairpersons were stalwarts in their own fields and had a rich research experience. Important aspects of contraception were very well highlighted and discussed through the sessions. These lectures generated interest in the delegates and set the tone for a stimulating discussion.



After lunch there was a hands-on workshop on PPIUCD which was very well appreciated by the delegates. 3 stations were set to give the delegates hands on experience on individual procedures on dummies.

The poster competition was organized for the undergraduate students in which ten students participated. They highlighted the topic with great enthusiasm and effort. The 1<sup>st</sup> prize was won by Sana Khan, 2<sup>nd</sup> prize by Kanupriya, 3<sup>rd</sup> prize by Pooja Mohan. 2 consolation prizes were awarded to Raizu Negi and Dr Ambrisha.

Dr Aruna Nigam

Organizing Secretary for CME

Associate Professor, Obstetrics and Gynaecology, HIMSR