

## **WORLD DIABETES DAY/DIABETES WEEK (14<sup>th</sup> TO 20<sup>th</sup> NOVEMBER 2012)**

On the occasion of World Diabetes Day 14<sup>th</sup> November, the Hamdard Institute of Medical Sciences and Research (HIMSR), Jamia Hamdard, New Delhi, organized a 'Diabetes Awareness Walk'. Faculty, nurses, staff and students participated in the walk which was lead by the Vice Chancellor of Jamia Hamdard. The Walk took place along the main road through gate no 3 and entered the campus through gate no. 6 along the convention center and finally ended at HIMSR. Banners and posters in English, Hindi and Urdu depicting various facts about the cause, treatment and prevention of Diabetes, written in the form of interesting slogans, were carried by the participants. The general public was visibly amused by this walk and took interest in reading the slogans. Memorable moments from the walk were captured in photos and videos.

After completion of the walk, the VC inaugurated the exhibition "Diabetes in Pictures" in the HIMSR foyer. An outstanding and informative display of photographs, covering the entire spectrum of diabetes including historical developments, risk factors, complications and comorbidities, were shown. A special section on medicinal plants and products in the prevention and treatment of diabetes also formed a part of the gallery.

During the forth coming week from 14<sup>th</sup> – 20<sup>th</sup> November, a diabetes detection camp is being organized at HAH Centenary Hospital attached to HIMSR, on all days from 9 am to 4pm, where the general public will be provided free blood sugar, blood pressure, weight check up along with appropriate counseling. A seminar covering important aspects of diabetes like its prevalence, epidemiology, treatment and prevention has been organized on 20<sup>th</sup> November, at HIMSR, where three eminent Diabetologists will deliberate on these issues. It is pertinent to mention that our Institute is already conducting biweekly 'Diabetes Clinics' and 'Preventive Cardiology Clinics' as part of its social, professional and academic commitment to common life style diseases.